



Dr Sonya Moncrieff - Australia Day Award Nominee

Nominee: Dr Sonya Moncrieff - Mirboo North COVID-19 has seen so many changes and has allowed those who want to, the chance to stand up and help their community. Sonya Moncrieff is one of those people, but her contribution transcends COVID-19.

Sonya is a local Mirboo North doctor who sees patients through the Mirboo North Medical Centre. She also goes into Japara House, Mirboo North's aged care facility to tend to her more elderly patients. You would think that keeps her busy

enough, but she also runs a Facebook page where she reaches a vast number of people with her updates.

During COVID, her popularity on social media soared as she provided honest and factual updates on COVID numbers. This sent her page viral, with people from around the world viewing her page every day to keep up to date with the latest numbers and to receive information on how to stay healthy and support one another.

A quick click on any of her Facebook posts during the

pandemic shows how well the information was received and the positive messages that were communicated, even during challenging times.

Through this simple task of sharing knowledge with her community, Sonya has put Mirboo North on the global map for its beauty and caring health service.

Sonya is highly commended for spending time commenting back to people where appropriate, but this does not stop at the keyboard. Her patients appreciate her unwavering help on all their health matters. If they need

additional resources, she will find them and provide them to the patient or patient's carer.

She also helps those who need to go into care. Sonya lends a helping hand for those who need support with the transition of going into aged care. She ensures they integrate well and checks in on them now and again just to make sure.

She is a highly respected doctor both within and outside of Mirboo North and is a much-loved community member.



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